

# Zombie Apocalypse Survival Plan

In the event of a Zombie Apocalypse you will most likely not have enough time to assemble a respectable survival kit, let alone come up with a plan on how to survive the hordes of undead that will be knocking down your door. So Top Gun Shooting Sports, your Zombie Apocalypse Headquarters, has put together some guidelines that will help you to prepare for the worst.

It is our opinion that in the event of a Zombie Outbreak the best method for survival is to go on the offensive or "Bug Out" rather than to defend from one location or "Bug In". So if we are going to be moving around the country we are going to need to create a "Bug Out Bag". This bag should be preassembled, easy to carry and you should be able to grab it fast.

## **Bug Out Bag:**

- Machete (You know they never run out of ammo!)
- Shotgun
- Pistol (A suppressor is a good idea- you know they are legal now!)
- Rifle (Zombies are attracted to noise!)
- Ammo
- Gun Cleaning Kit (OTIS makes great portable kits)
- Water Bottle (With some type of water purification system.)
- Medium sized fixed blade knife
- 2Flashlights (minimum of 2 and don't forget spare batteries)
- Chemical Lights (they don't need batteries)
- Small First Aid Kit
- Fire Starter and dry tinder (Put in a Zip Lock Freezer Bag)
- Duct Tape
- 550 Cord (A.K.A. Para Cord. "You always need rope!")
- Rain Gear
- Leather work gloves
- Rubber Latex Gloves
- Basic Personal Hygiene
  - Toothpaste and brush, baby wipes, t.p., chap stick, pain meds, deodorant etc.
- Compass
- Maps of the area
- Food (Dehydrated food takes up little space and actually doesn't taste bad. M.R.E.'s are also very practical. Energy bars and protein bars are also a good idea.)
- Spare set of clothing (Space bags work well to conserve space.)

In addition to your "Bug Out Bag" you could also use a couple of small rubber tubs to carry extra supplies. Now remember you still have to pick these tubs up and carry them to some type of vehicle so don't load up more than you can carry. Your specific supplies will vary depending on how many people are in your family. If you have children it is a good idea to involve them in the process. Let each child build his own "Bug Out Bag". Things like games, coloring books, toys and they can also help lighten your load by carrying their own snacks water and spare clothing.

Practice getting all of these things together before it is too late. You should be on the road in less than 10 minutes. Do a dry run on different routes out of the city. Always have a back up route.

Keep checking back for more Zombie Survival Tips and Updates